

MORE - Modelling Respect and Equality



**the
men's
project**

A Jesuit Social Services initiative

themensproject.org.au

Have you ever wondered how to support boys and men to break away from negative stereotypes and live happier and healthier lives?

Modelling Respect and Equality (MORE) is a new program that will build your skills and knowledge to help you create change in your community around issues of respect and equality, particularly among boys and men.

The program runs for three months. It involves participation in an intensive two-day training workshop followed by ongoing support as you contribute to positive social change in your community, at work, in your sports club, and among friends and family.

We believe more needs to be done to promote positive change towards more gender equality and around what it means to be a man today – and we want to support boys and men to be their best selves and live happy, healthy, safe and respectful lives.

If you want to build your knowledge and skills and make a positive difference in your community, then this program is for you.

What is this about?

We know that gender inequality, and narrow, rigid gender stereotypes are bad for all of us, keeping women and men from living healthy, safe and fulfilling lives. Too often, they contribute to violence and other harmful behaviours.

More than ever, the behaviours and attitudes of Australian boys and men are called into question: driven by the #MeToo movement, unprecedented attention to family violence, and inquiries into child sexual abuse in institutions and sexual assault and harassment on university campuses.

The question is how we get boys and men to play their part in building safe, respectful and equal communities. A positive approach is needed.

We believe that role models – both male and female – in the places where boys and men live, work, and meet are crucial.

We want to support you – the role models who interact with boys and men – so you can challenge limiting and harmful stereotypes and promote respect and equality.

It's time we talked about the culture of masculinity we want to cultivate as a society.

Join us in creating social change around what it means to be a man in the 21st century!

A unique model for social change

Modelling Respect and Equality (MORE) is an empowering, experiential journey to become an active influencer for change in your community.

Our starting point is each person's personal journey and development – their awareness of the bigger picture, and understanding of how social change unfolds.

Participants will be supported to build deeper understanding of key issues, develop greater self-awareness, learn how to model and promote positive change, recognise and challenge problematic attitudes and behaviours, and actively influence and make an impact in their community.

MORE will help you:

- **With a process that engages head, heart and hands**
- **Understand the powerful impact of vulnerability and emotional intelligence**
- **Unpack gender roles, norms and practices**
- **Understand and challenge harmful expressions of masculinity**
- **Learn how to recognise and respond to various forms of violence**
- **Learn and practice how to deal with resistance and tricky conversations**
- **Learn how to use your and other's strengths to build your community**
- **Explore opportunities for dialogue and activities to engage boys and men**

Cost

MORE is free of cost. You give your time, passion and creativity. We will cover the rest.

How it works

Participants attend a two day intensive workshop – focused on personal reflection and growth, building awareness and understanding of the issues, developing skills to model and drive change within your own work, team and community.

This is followed by ongoing, active support for participants to identify and action opportunities and activities in their own communities, supported through online and offline peer support. The program wraps up with a half-day follow-up workshop that celebrates achievements, aims to solve problems and consolidates learnings.



Dates

The program will run from October to December 2018. The intensive training will be held on Friday 5th, and Saturday 6 October.

Subsequent supported project work and final session in December 2018. A second round will run from March to June 2019.

How do I get involved?

If you are interested in participating in this exclusive opportunity, head to www.trybooking.com/XEBT and fill in the Expression of Interest form by 7 September. Don't miss out – only limited places available!

If you have any questions, contact themensproject@jss.org.au or call The Men's Project on 03 9421 7600.

Who runs this?

Established in 2009, NIRODAH is recognised as one of Australia's most experienced and innovative companies in the violence prevention field, delivering evidence based and engaging respectful relationship education to students, teachers and coaches, with empathy, compassion and kindness being at the core of all their popular programs.

Jesuit Social Services is a social change organisation working to build a just society where all people can live to their full potential. For over 40 years we have worked with people on the margins of society.

Drawing from this experience, The Men's Project has been established to provide leadership

on the reduction of violence and other harmful behaviours prevalent among boys and men, and build new approaches to improve their wellbeing and keep families and communities safe.

The Men's Project supports boys and men to live respectful, accountable and fulfilling lives, where they are able to develop good relationships free from violence and where they play their role in making the community safe. In short, The Men's Project supports boys and men to be their best selves.



This spring, achieve MORE

It's time we talked about the culture of masculinity we want to cultivate as a society. Join us in creating positive change around what it means to be a man in the 21st century!

Modelling Respect and Equality (MORE) will build your skills and knowledge to create change in your community around issues of respect and equality, particularly among boys and men.

This is an empowering, experiential journey designed to support you to be an influencer for change in your community.

Dates: October – December 2018 with an intensive training on 5/6th October and subsequent support to take action as a role model.

Cost: MORE is free of cost. You give your time, passion and creativity. We will cover the rest.

Apply by 7 September via www.trybooking.com/XEBT. Don't miss out – only limited places available!

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MORE AWARENESS

MORE CONVERSATIONS

MORE RESPECT & EQUALITY

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